



Blue Horizon Associates Ltd – Leadership development programmes

To ensure we meet your needs, we are happy to tailor our programmes to your specific requirements. Contact us at 07817 803221 or visit www.bluehorizonassociates.co.uk

Developing leadership skills

Our aim is to develop the specific skills to enable leaders to perform in their roles and to fulfill their potential. Our style is highly participative, based on the concept of experiential learning.

Programme	Summary	Audience	Length of programme
Leadership - Lessons from the world of the elite athlete	Includes staying strong in your self-belief, optimising your motivation, focussing and mental resilience, techniques to manage stress, goal setting to achieve success	Leaders, senior managers in leadership positions	Three days, option of action-learning set(s) to embed skills
Leading change	Understanding change, the emotional journey through change, the change equation, handling resistance, enabling others to cope and move on, how to create a leadership strategy for change that will motivate, persuade and inspire	Leaders involved in managing change	One day
Leadership skills for first line managers	Management styles, motivating your team, managing change and problem solving	Team leaders, first line managers	One day
Team briefing- developing effective organisation-wide communications	Development and implementation of an organisation-wide face-to-face briefing system to provide two-way communication with teams on a regular basis, to counter the grapevine, with the potential to increase commitment and productivity.	Leaders, senior managers in leadership positions	One day
Generating energy and balance to realise potential	A 'well-being workshop' to help managers to create a working environment that encourages staff to fulfil their potential. Develops techniques to motivate and energise. This can boost morale, increase employee retention and job satisfaction, helping your organisation to develop and grow.	Leaders, senior managers in leadership positions	One day